



Mental Health Services

New LA recognizes that when unidentified and unaddressed, mental health challenges can lead to poor academic performance, increased likelihood of suspension and expulsion, chronic absenteeism, student attrition, homelessness, incarceration, and/or violence. Access to mental health services at New LA and in our community is not only critical to improving the physical and emotional safety of students, but it also helps address barriers to learning and provides support so that all students can learn problem-solving skills and achieve in school and, ultimately, in life. The following resources are available to your child:

At New LA we believe in teaching students with a holistic approach. This requires looking at the whole child and may include addressing mental health concerns as a means to understanding behavior or academic needs. We want all students to feel supported socially and emotionally at school and beyond.

Available on Campus:

- School-based counseling services – At New LA we have a partnership with Her Healing Counseling. Her Healing therapists see students once a week in one-on-one sessions or in small groups. Families who are interested in counseling are encouraged to contact the Assistant Principal by calling the office at 323-556-9500. Counseling services, whether provided by our Charter School or by an outside provider listed in this letter, are voluntary.
- Special education services – if you believe your child may have a disability, you are encouraged to directly contact the Director of Special Education at 323-556-9500 to request an evaluation.
- Prescription medication while on campus – if your child requires prescription medication during school hours and you would like assistance from School staff in providing this medication to your child, please contact the main office at 323-556-9500.

Available in the Community:

- Didi Hirsch, 888-807-7250
- The Maple Counseling Center, 310-247-4900
- Children's Institute Inc., 213-385-5100
- Southern California Counseling Center, 323-937-1344
- Amanecer Community Counseling Center, 213-481-7464
- Ness Counseling Center, 310-360-8512
- Los Angeles Unified School Mental Health, 323-730-1920 x5005

Available Nationally:

- National Suicide Prevention Hotline - This organization provides confidential support for adults and youth in distress, including prevention and crisis resources. Available 24 hours at 1-800-273-8255.



- The Trevor Project - This organization provides suicide prevention and crisis intervention for LGBTQ youth between the ages of 13 and 24 Available @ 1-866 488-7386 or Visit <https://www.thetrevorproject.org>
- Big Brothers/Big Sisters of America – This organization is a community- based mentorship program. Community-specific program information can be found online at <https://www.bbbs.org> or by calling (813) 720-8778.